

# Root Canal Post Op Instruction

## Root Canals

Following your root canal treatment appointment, your tooth may feel sensitive for a few days to a week. If there was pain or infection before the procedure, it may take longer for your symptoms to subside. If pain worsens, and/or swelling develops, please call our office. Here are a few instructions that can help the healing process:

- Take over-the-counter pain medication to relieve post-procedure discomfort.
- Rinse with warm salt water after every meal to relieve gum irritation.
- Eat soft foods for a few days following treatment.

You should not chew or bite on the treated tooth until it has been restored with a permanent filling and/or crown. Failure to do so can result in fracturing the tooth and possible need for extraction.

Your tooth may continue to feel slightly different from your other teeth for some time after your root canal treatment is completed. Although root canal treatment is highly successful, there is a 5-15% chance the tooth may not completely heal, and you may need further treatment with a specialist.